



Laura Fric

Partner, Disputes

Toronto

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Bar Admission: Ontario, 1995 | British Columbia, 2022

Areas of Expertise

[Banking and Financial Services](#)

[Pharmaceuticals and Life Sciences](#)

[Infrastructure](#)

[Retail and Consumer Products](#)

[Food and Beverage](#)

[Disputes](#)

[Corporate and Securities Disputes](#)

[Product Liability](#)

[Class Action Defence](#)

Laura is a strategic litigator with a formidable record of successes in class actions and high-stakes commercial disputes.

She is the trusted choice for clients across many industries, to navigate their most challenging legal issues.

Laura is known for her deep command of Canadian law, strategic insight and calm focus. She cuts through complexity and works with clients to develop an approach tailored to their needs, and forges a clear path forward — at the negotiating table or in the courtroom.

Her expertise is widely recognized, reflecting the respect she commands in the legal industry. She has been honoured by *Chambers Canada*, *The Canadian Legal Expert Directory*, and *Benchmark Litigation Canada*, where she is listed among the Top 100 Women Litigators in Canada. Her early career was marked by significant achievements, including the Treasurer’s Medal for the highest marks in the Ontario Bar admission course and a prestigious clerkship at the Court of Appeal for Ontario. Laura began her legal career as a criminal defence lawyer, an experience that shaped her direct and strategic advocacy style.

Highlighted by *Chambers Canada*, Laura received the following client praise: “I trust her judgement and ability to deal with other parties in a way that is constructive and ultimately beneficial to our position. She is incredibly adept at understanding the interests of others.” Another client describes Laura: “She’s really smart, great at strategizing and good on her feet too.”

Awards and Recognition

- Recognized in Dispute Resolution: Class Action (Defence); Litigation: Product Liability
- CHAMBERS CANADA
- Repeatedly recognized in Class Actions; Litigation – Litigation – Product Liability
- THE CANADIAN LEGAL LEXPERT DIRECTORY
- Recognized in Class Actions and Litigation Securities
- LEXPERT’S LEADING 500 CROSS-BORDER LAWYERS: A GUIDE TO DOING BUSINESS IN CANADA
- Recognized in Class Action Litigation; Corporate and Commercial Litigation
- LEXPERT SPECIAL EDITION – LITIGATION
- Recognized as a top litigator in Canada
- BEST LAWYERS IN CANADA
- Recognized in Securities; Commercial; Class Action (Litigation Star); Recognized in “Top 100 Women in Litigation” in Canada
- BENCHMARK LITIGATION CANADA
- Recognized as a Litigation Star, and ranked as one of the Top 100 Women in Litigation – Canada
- BENCHMARK LITIGATION CANADA
- Awarded an Arbor Award for longstanding volunteer service
- UNIVERSITY OF TORONTO

Credentials

Education

- University of Toronto, LL.B.
- University of Western Ontario, B.A.

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Languages

- English

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Professional Affiliations

- ABA Member, Litigation Section
- Advocates’ Society