



## Sophie Courville-Le Bouynec

Associate, Disputes

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**Montréal**

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Bar Admission: Québec, 2020 | Ontario, 2021

### Areas of Expertise

Professional Services

Banking and Financial Services

Manufacturing

Retail and Consumer Products

Disputes

Insolvency and Restructuring

Corporate and Commercial Disputes

Class Action Defence

Risk Management and Crisis

Response

Sophie advises and represents clients from various industries in all aspects of business-related litigation before trial and appellate courts as well as administrative tribunals.

She maintains a broad commercial litigation and dispute resolution practice, with an emphasis on commercial disputes, regulatory investigations and prosecutions and class action defence. She also practices in insolvency and restructuring and has acted for debtors, creditors, court-appointed officers and purchasers in proceedings under the *Companies' Creditors Arrangements Act* and the *Bankruptcy and Insolvency Act*.

Sophie holds a civil law degree, a common law degree and a master's degree in international business law. During her studies, she acted as a law clerk for a judge of the Superior Court of Québec. She was also recognized for her written advocacy with the best factum award at the Laskin Moot, a national and bilingual moot court competition. This achievement is complemented by Sophie's ongoing commitment as a volunteer judge and member of the Steering Committee for the Laskin Moot.

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### Awards and Recognition

- **Best Lawyers Awards Canada:** Recognized as "One to Watch" in Commercial and Corporate Litigation (2026)
- **Laskin Moot Court Competition:** First Prize – Appeal Briefs (2018)
- **University of Sherbrooke:** Dean's List (2015, 2016 & 2017)

## Community Involvement

- Board Member of VertCité, a not-for-profit organization that creates and implements environmental and community-based projects in Montreal
- Volunteer judge and member of the Steering Committee at the national Laskin Moot Court Competition
- Member of the Competitions Committee of the Bar of Montréal

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## Credentials

### Education

- Queen Mary University of London, LL.M.
- Queen's University, J.D.
- Université Sherbrooke, LL.B.

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## Languages

- English
- French

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## Professional Affiliations

- Turnaround Management Association
- Canadian Bar Association
- The Advocates' Society
- Barreau de Montréal
- Young Bar of Montréal